

Revision questions on edderm101: core diseases.



Audio track answers are [here](https://soundcloud.com/user-40888762/sets/edderm101). The URL for the audio answers is:
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Questions on Chapter 1: Psoriasis

1. What is the approximate prevalence of psoriasis in North European populations?
2. What mode of inheritance underlies psoriasis?
3. If one parent has psoriasis, what are the chances that any offspring might develop psoriasis? With two parents affected, what is the risk?
4. Name three pathological changes in psoriasis.
5. What are Munro micro-abscesses?
6. Name two drugs that may precipitate or worsen psoriasis.
7. What is the Koebner phenomenon?
8. Name 5 descriptive 'types' of psoriasis.
9. Describe a typical case of guttate psoriasis.
10. When might you see pyrexia and rigours in a patient with psoriasis?
11. Name 3 clinical scenarios involving pustules and psoriasis.
12. Name three diagnostic changes seen in nail psoriasis.
13. Name a differential for psoriasis of the scalp.
14. What serious infection is associated with severe psoriasis? How do you diagnose it (blood test)?
15. Why are untreated plaques of psoriasis white? Alternatively, why are areas that were once plaques of psoriasis, often pale after phototherapy?
16. Name three topical agents used to treat psoriasis?
17. Why is treatment of psoriasis in primary care problematic?
18. Why do we consider psoralen a prodrug?
19. Is PUVA or UVB generally considered more effective? Which is safer, and why?
20. How does methotrexate work, and is it targeted at keratinocytes?
21. Name three serious side-effects of methotrexate, and one important drug interaction.
22. A patient with psoriasis on long term methotrexate develops a worsening of their osteoarthritis, which they self-treat with ibuprofen. What would you worry about?
23. Ciclosporin confers an increased risk of which neoplasms (name three)?
24. Name three retinoids and one disease indication for the use of each one.
25. Name two anti-psoriatic drugs that cause major concerns in women wishing to conceive.
26. If you are a patient with severe psoriasis, should you be more worried about the risks from doctors and the drugs they prescribe, or your disease?
27. If a patient is on retinoids you will measure their lipids. Why might some think you should measure lipids in psoriasis patients who are not on retinoids?
28. Why has it been said, 'that patients with psoriasis do not wear navy or black?'
29. You see people leaving the Lauriston Building in deepest winter looking like LAPD police officers, wearing dark shades. What have they been doing?